



How to Access E-mail Online

- 1. Open your web browser (Internet Explorer, Firefox, Safari, etc.) and click here or go to http://internal.iceculinary.com and click on the ICE web mail icon.
- 2. Enter your Username: firstinitiallastname.
- 3. Enter your system password or the password you use to log on to your computer. If you are unsure of your password, please contact an IT support technician at helpdesk@iceculinary.com.
- 4. Click Log On.

HelpDesk@iceculinary.com • 212-847-0777 • x777